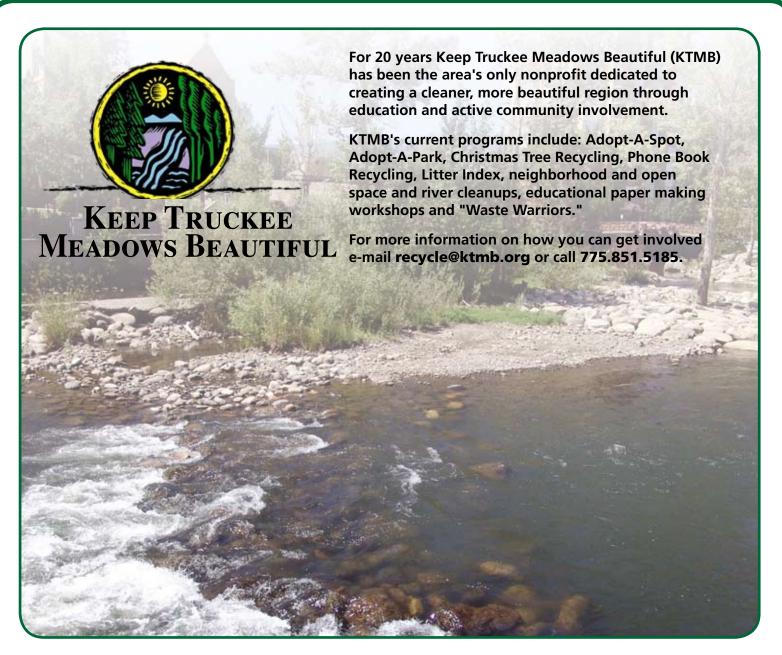
2008-09 Recycling Guide



KEEP TRUCKEE MEADOWS BEAUTIFUL

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Recycling Resources in Your Community

Reno/Sparks/Washoe County

Keep Truckee Meadows Beautiful www.ktmb.org 775-851-5185

Email: recycle@ktmb.org

Washoe County Health District www.washoecounty.us 775-328-2434 Email: jenglish@washoecounty.us

Reno Direct

www.cityofreno.com 775-334-INFO (4636)

Email: renodirect@cityofreno.com

Incline Village

Incline Village General Improvement District www.ivgid.org/conservation 775-832-1284 Email: wastenot@ivgid.org

Carson City

Carson City Public Works 775-887-2355

Rural Areas/Statewide Recycling Information

Nevada Division of Environmental Protection

www.nevadarecycles.gov

Recycling Hotline: 1-800-597-5865



Using the 3Rs reduces landfill waste, saves natural resources and promotes a culture of sustainability.



Junk Mail

Remove yourself from mailing lists and stop receiving unwanted mail. Simply contact the businesses you wish to cancel to request removal of your name.

Packaging: Less vs. More

Many manufacturers over-package products. Take a little extra time to choose items that are not overly packaged. Avoid single serving items.

Dry-Cleaning vs. Wet-Cleaning

A safe alternative to professional dry-cleaning is a new method of professional "wet-cleaning." Ask your dry-cleaner if they provide this service or find out more by searching the World Wide Web.

Reuse

Paper Vs. Plastic Bags

Just say NO! Instead of using either paper or plastic, try bringing your own reusable bag!

Bring Your Own Mug

Consider carrying your own coffee mug. Also, remember to take reusable dishware on picnics!

Reusable vs. Disposable

Purchase items in refillable containers. Choose products that are packaged using recyclable materials. Avoid "single use" products. Use durable, reusable items such as cloth instead of paper napkins.

Household Items

Washoe Arc, The Salvation Army and many other local thrift stores are great places to donate used clothing and household items that can be used again rather than ending up in our landfills.

Recycle

Plastic Bag Recycling

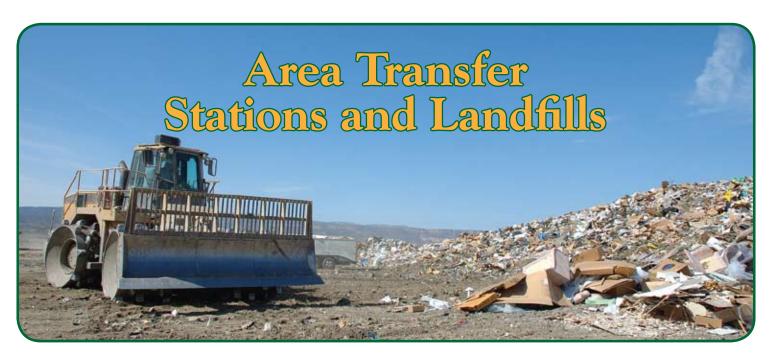
Look for plastic bag collection containers just inside of participating grocers.

Packing Materials

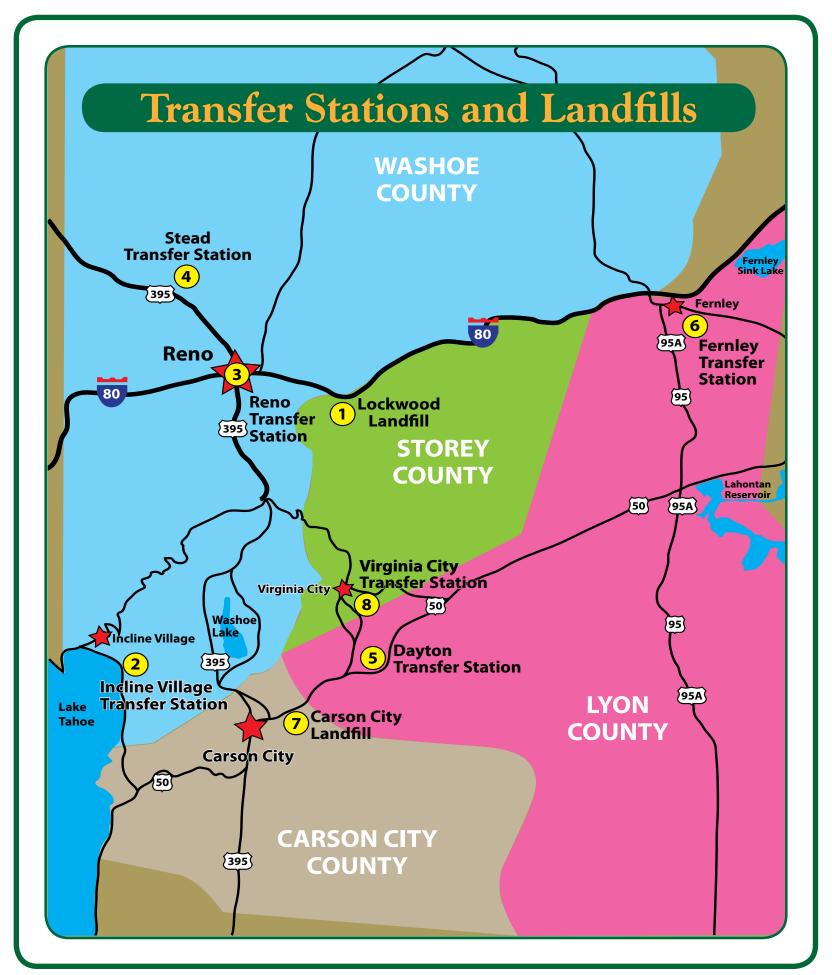
Your local mailbox and shipping retailers are happy to accept clean shipping materials such as styrofoam packing "peanuts,' plastic air bags and bubble wrap.

Buy Goods Made From Recycled Materials

Don't put recylable items in the trash. Know your community recyling guidelines.

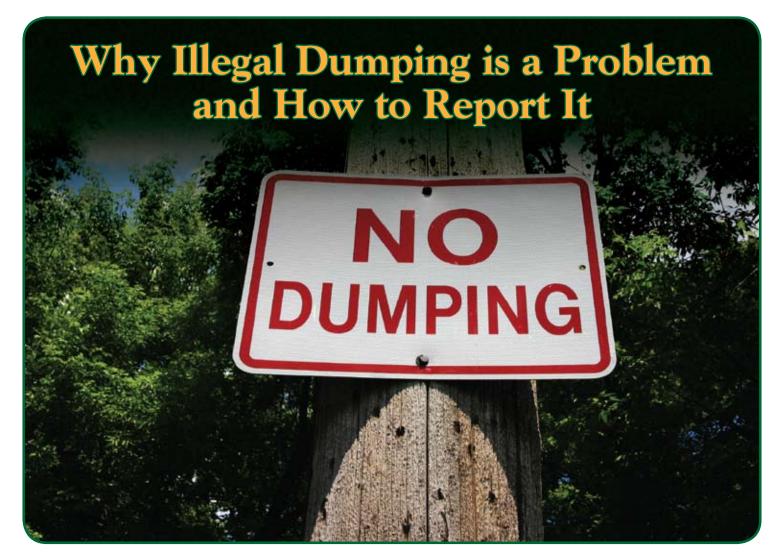


1. Lockwood Landfill	775-342-0401
2. Incline Village Transfer Station	775-831-2971
3. Reno Transfer Station 1390 E. Commercial Row, Reno Hours: 6:00am-6:00pm Mon-Sat, 8:00am-6:00pm Sun	775-329-8822
4. Stead Transfer Station 13876 Mt Anderson, Reno Hours: 8:00am-4:00pm Mon-Sat, Closed Sun	775-329-8822
5. Dayton Transfer Station 3000 Hwy 50 Dayton Hours: 8:00am-4:30pm Mon, Tues, Wed, Sat, Sun, Closed Thurs & Fri	775-329-8822
6. Fernley Transfer Station	775-329-8822
7. Carson City Landfill	775-882-6066
8. Virginia City Transfer Station	. 775-882-3380









What is "Illegal Dumping?"

Illegal dumping is the dumping of any solid waste, including junk vehicles, garbage, rubbish, construction/demolition debris, yard debris or other refuse at a place other than designated for such purpose.

Report Illegal Dumping

To report illegal dumping call the Washoe County Sheriff's Illegal Dumping Hotline at **329-DUMP**. Do not remove items from the dump site! Investigators need the dump site intact for evidence purposes.

For more information on illegal dumping in Nevada visit:

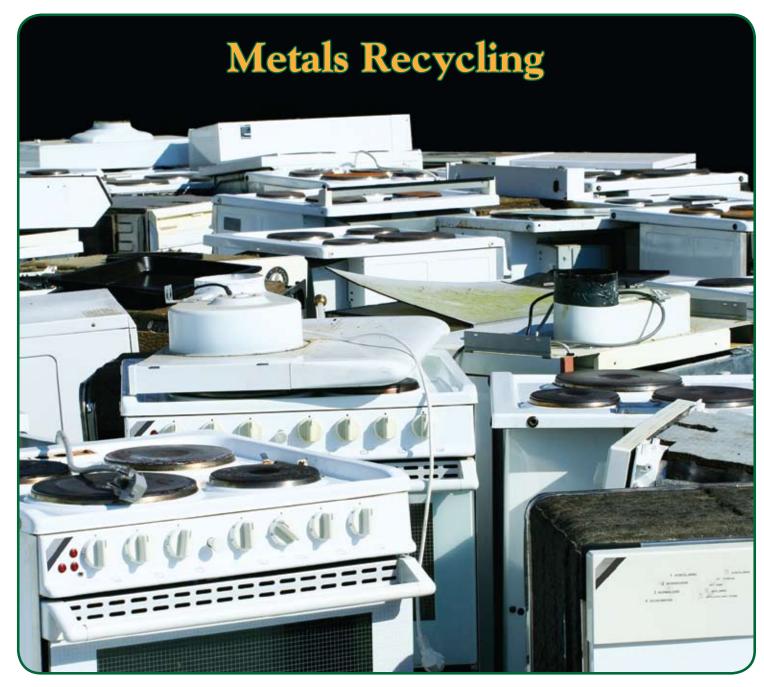
http://ndep.nv.gov/bwm/illegaldumping.htm

http://www.ktmb.org

http://www.donttrashnevada.org http://www.washoecounty.us

Why is Illegal Dumping a Public Health Problem?

- Decomposing garbage and other solid wastes can provide food and habitat for rats, other rodents and disease spreading vectors. A vector is an insect or animal that has the potential to carry disease.
- Hazardous materials illegally dumped can get into the water supply and create downstream health affects on people, animals and the environment.
- Illegal dumping creates eyesores on our streets and open spaces, reducing our quality of life, decreasing property values, and erroding a sense of safety and well-being in our communities.



Most white goods and other scrap metal, including unwanted vehicles, can be recycled for free or a metal hauler will pay for your unwanted white good items.

White goods includes:

- Dishwashers
- Refrigerators
- Washers/Dryers
- Stoves

Other major appliances

Residential Curbside Recycling

Due to the variety of different curbside recycling programs, please contact the recycling resources in your community listed on page 2 of the recycling guide for more detailed information.



- Aluminum, steel & tin
- Plastic bottles
- Magazines
- Newspapers
- Telephone books
- Glass bottles and jars: green, brown and clear





- Light bulbs of any kind Drinking glasses
- Plastic bags
- Junk mail and cardboard

How To Prepare Recyclables

Glass Remove the caps, not necessary to remove labels.

Aerosol Cans Cans must be empty.

Aluminum and Remove caps, flatten aluminum and steel cans, steel Cans not necessary to remove labels.

Catalogs, Magazines and Newspaper Place in brown paper bag on top of recycling containers. Do not place these items at curbside during wet weather.

Plastic bottles Regardless of number, remove caps and flatten,

not necessary to remove labels.

Blue Bag Program in Incline Village & Crystal Bay

All residents of Incline Village and Crystal Bay with current curbside recycling can recycle in 4 easy steps!

- 1. Rinse off all food residue.
- 2. Place all recyclable materials into a blue bag.
- 3. Tie the blue bag securely.
- 4. Set blue bags curbside after 5 a.m. on the day of service only.

What can be recycled...

- Glass (all colors)
- Aluminum Cans/Aluminum Foil
- Steel/Tin Cans
- Clean Mixed Paper including envelopes, junk mail, all white or colored office paper, newspaper, magazines and paper bags.
- Corrugated Cardboard flatten/cut into smaller pieces
 it must fit in the blue bag.
- Paperboard including food packaging such as cereal boxes, soda boxes, paper towel rolls and egg cartons.
- Ridged Plastics laundry baskets, snow toys, etc.must fit in the blue bag.
- Plastics #1 #7 all shapes and sizes with numbers found on the bottom of containers.

What cannot be recycled...

- Styrofoam
- Paper plates or coffee cups
- Wax coated or food stained boxes such as pizza boxes
- Drinking glasses
- Green waste
- Food
- Mirrors
- Window
- Ceramics
- Glass
- Juice Boxes
- Dishes
- Milk Cartons
- Crystal
- Aseptic packaging
- Light bulbs
- Hazardous waste
- Plastic bags
- Medical waste

Heavy-duty, extra-large, contractor grade blue bags are available at:

Tahoe Supply Company 872 Oriole Way 775-831-6395 Spitzen Lumber 1054 Tahoe Blvd 775-831-1141

Packages of smaller, thinner blue bags are available at:

Raley's Supermarket 930 Tahoe Blvd Ace Hardware 930 Tahoe Blvd

Village Market 898 Tanager St. For more information about the Blue Bag Program contact Waste Not at 775-832-1284 email: wastenot@ivgid.org www.ivgid.org/conservation

Recycling Drop-Off Centers

For multi-family and other residences that do not have curbside recycling.

Aluminum, Steel, Tin, Plastic Bottles, Newspaper, Magazines, Telephone Books, Corrugated Cardboard and Junk Mail/Mixed Paper at the following Recycling

Centers:

Incline Village

1. Incline Transfer Station 1200 Sweetwater Rd. Incline Village Phone: 775-831-2971 Hours: Mon-Fri 8am-4:30pm Sat and Sun 8am-4pm

Reno

2. Recycle America 1100 E. Commercial Row, Reno Hours: Mon-Fri 8am-4:30pm

Sparks

3. Recycle America 1455 E. Greg St, Sparks Mon-Fri 8am-4:30pm

Fernley

4. Fernley Transfer Station
1100 Hwy 95A South Fernley
Hours: Mon-Sun 8am-4:30pm
*Will also take used oil and
batteries

Dayton

5. Dayton Transfer Station
3000 Hwy 50 Dayton NV
Hours: Mon, Tues, Wed, Sat, Sun
8:00am-4:30pm
Closed Thurs & Fri
Has 4yd bins for
public recycling

Carson City

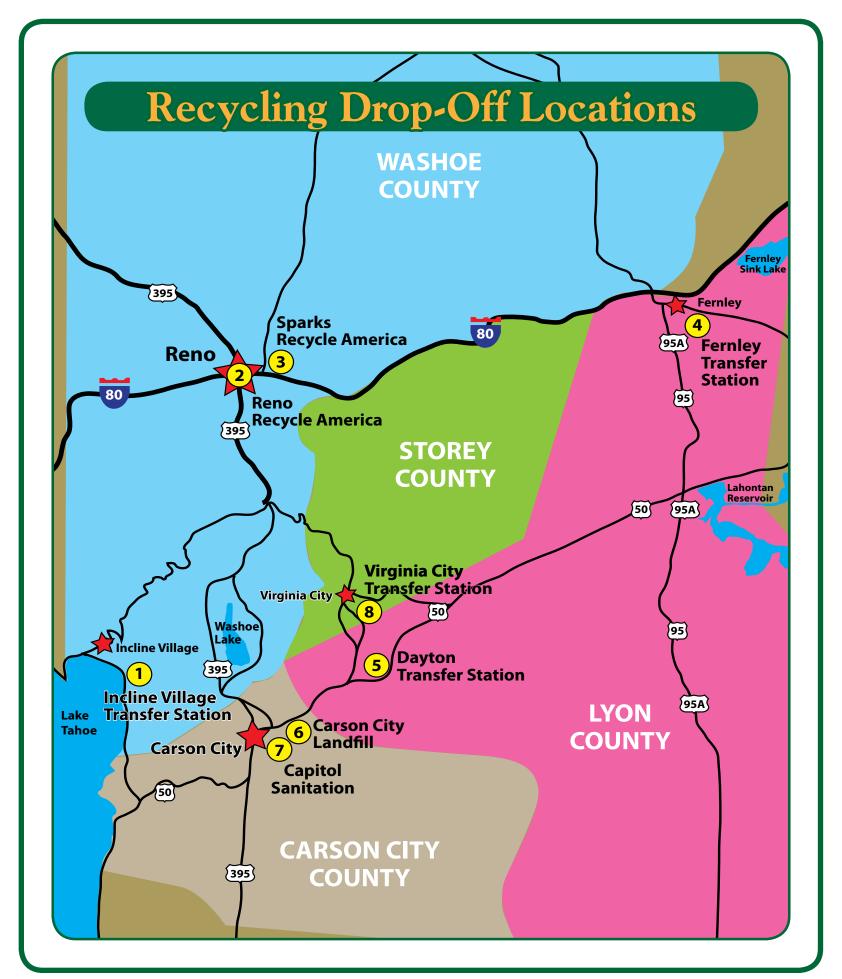
- 6. Carson City Landfill 3600 Flint Dr, Carson City Phone: 775-882-6066 Hours: Everyday 7:30am-5pm
- 7. Capital Sanitation Co. 5560 Sheep Dr, Carson City Phone: 775-882-3380 Hours: Mon-Fri 8am-5pm

Virginia City

8. Virginia City Transfer Station
Corner of Washington
and R Street

Phone: 775-882-3380 Hours: Thurs-Sat 8am-4pm







Bag Recycling



Many area retailers offer plastic bag recycling at kiosks just inside their front doors. These plastic bags are recycled into plastic outdoor materials, such as decking and boardwalk material. Area retailers that offer plastic bag recycling include:

■ JCPenney ■ Save Mart

ve Mart Wal-Mart

■ Raley's ■ Scolari's

WinCo

Safeway

Smiths

Paper bags can be recycled with newspaper and magazines curbside or in the "Newspaper and Magazine" bin at recycling drop-off locations.

Both plastic and paper bags use natural and energy resources to create. Most stores now offer reusable bags at an economic price. Buy a few of these bags and keep them in vehicles, so the next time you hear "paper or plastic" at the check out you can say, "neither" and save resources.

Plastic Recycling

Plastics are made from oil and natural gas and do not decompose in the environment. Many are safe to re-use, while others are made with chemicals that are not approved for reuse (e.g. reuse for drinking, putting leftovers in, etc.). The type of plastic is coded on the bottom of plastic containers.

Remember: Only plastic bottles are recyclable in our community curbside (with the exception of Incline Village) and at recycling drop-off locations. To reduce plastic waste, don't buy so much of it (e.g. buy a litre bottle instead of a six pack) and reuse the plastic you already have.



PET polyethylene terephthalate Single use water bottles, safe and recyclable



HDPE (high-density polyethylene) Milk bottle, safe and recyclable



Yinyl or PVC (polyvinyl chloride) Avoid, Some products can leach lead and phthalate plasticizers into foods



LDPE low –density polyethylene Plastic bags, safe and recyclable at most supermarkets and other retailers



PP polypropylene Food storage containers, safe



PS polystyrene Some food containers, avoid, can leach styrene a possible human carcinogen



Miscellaneous Includes PC polycarbonate Food containers, questionable, composed of hormone-disrupting bisphenol A. PLA polylactide (renewable plant resources) Food containers & eating utensils, safe, can be composted



Shop Smart

Follow these four easy, environmentally friendly steps the next time you go shopping:

- 1. Buy the largest usable size. Buying in bulk or larger sizes is one of the easiest ways to save money and resources at the same time.
- Look for items that use a minimum of 30% post-consumer recycled content in their packaging with this symbol.
- 3. Buy reusable items instead of disposable ones. Use lunch boxes instead of brown bags, reusable mugs rather than Styrofoam® or paper cups, refillable containers in place of disposable ones.
- 4. BYOB. Bring your own bag when you shop.

Saving money and resources is as easy as 1, 2, 3, 4!

Only Rain in the Storm Drain



Even if you don't live near a river, creek, or slough, what we do in our homes, schools and businesses contributes to water pollution in the rivers and lakes in our community.

A major source of water pollution is urban runoff, which is water washed into the storm drain systems during rainstorms, from excessive lawn watering and washing our cars in the driveway. Urban runoff doesn't go to the sewer plant to be cleaned but flows untreated directly into our rivers, creeks and lakes.

It's hard for most people to believe rainwater or runoff from sprinklers could be a significant source of pollution. But that water carries with it dirt and toxic pollutants such as automotive fluids, pesticides and fertilizers, trash, grass and leaves, pet waste, and soap from washing our cars in the driveway into the gutters and down the storm drains.

These pollutants impact our water quality, harm fish and wildlife and can pose a threat to public health.

Local residents can help by making sure

nothing but rain goes down the storm drains. For more information on the storm drain system and pollution prevention measures:

Reno/Sparks/Washoe County

Washoe County Health District www.washoecounty.us 775-328-2434 Email: jenglish@washoecounty.us

Reno Direct

www.cityofreno.com 775-334-INFO (4636) Email: renodirect@cityofreno.com

Incline Village

Incline Village General Improvement District www.ivgid.org/conservation 775-832-1284 Email: wastenot@ivgid.org

Carson City

Carson City Public Works 775-887-2355

Rural Areas/Statewide Recycling Information

Nevada Division of Environmental Protection www.nevadarecycles.gov Nevada Recycling Hotline: 1-800-597-5865



What's so important about recycling those oil filters?

Each year the U.S. generates 425 million used automotive oil filters containing 160,000 tons of iron units and 18 million gallons of oil. The reclaimed metal is used to make rebar for construction. What a great resource!

Used oil filters can contain more than 45 percent used motor oil in weight when removed from the vehicle. It's so important to recycle oil filters that it is actually against the law to put them in the trash.

Household Hazardous Waste

Many products found in your home are potentially hazardous substances. Because of their chemical nature, they can poison, corrode, explode, or ignite if handled improperly.

WARNING: DO NOT DISPOSE OF HOUSEHOLD HAZARDOUS WASTE DOWN STORM DRAINS OR ONTO THE GROUND.

Examples Of Household Hazardous Waste

In the Home

- Abrasive cleanser
- Scouring powder
- Ammonia-based cleaner
- Chlorine bleach
- Bleach-based cleaner
- Disinfectant
- Drain opener
- Glass cleaner
- Oven cleaner
- Rug and upholstery cleaner
- Spot remover
- Toilet bowl cleaner
- Aerosol spray cans
- Batteries
- Medicines
- Paints & paint thinners
- Floor polish
- Furniture polish
- Mothballs
- Nail polish and remover
- Shoe polish
- Silver polish
- Solvents
- Varnish
- Mercury thermometers

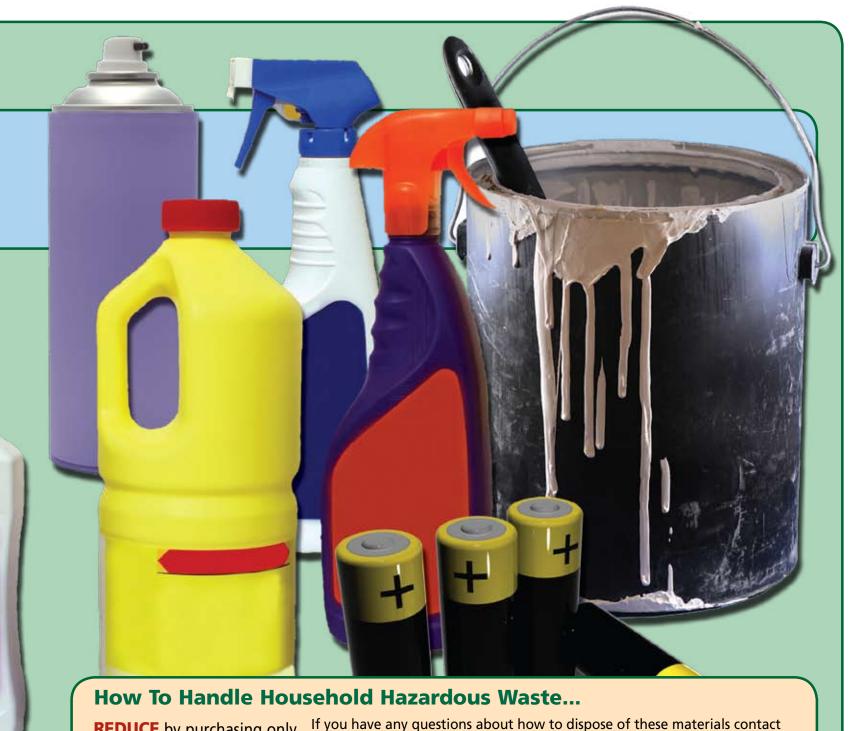
In the Garage

- Anti-freeze
- Motor oil
- Auto and motorcycle batteries
- Engine cleaner and degreaser
- Gasoline and diesel fuel
- Kerosene
- Transmission fluid

Around the Yard

- Chemical fertilizer
- Fungicide
- Herbicide and weed killer
- Insecticide or bug killer
- Flea collars, sprays and bombs
- Rodent poisons
- Roach and ant killers
- Snail and slug bait
- Pool chemicals





REDUCE by purchasing only the amount you need.

REUSE the products by donating unused portions to friends

BUY products that are *LESS TOXIC!*

If you have any questions about how to dispose of these materials contact your local community resource:

Washoe County Health District 775-328-2434 Carson City Environmental Health Department 775 887-2190 Contact your local Transfer Station.

For Information about the handling of commercial hazardous waste contact

- Nevada Small Business Development Center, Business Environmental Program (BEP) at (800) 882-3233 or www.envnv.org
- CleanHarbors Environmental at 775-331-9400 or www.cleanharbors.com

Disposing of Paint

Paint can safely be put in the garbage for disposal at a landfill, as long as the paint is dry or solidified.

To hasten solidification, add shredded newspapers, kitty litter or Waste Paint Hardener (available at most hardware stores) to latex paint. Let the paint dry completely. in a well-ventilated area and away from children and pets. After the paint has dried, the container may be put in your garbage with the lid off so the garbage hauler knows the can is empty.

If there is just an inch or so of paint in the can, simply pop the lid and leave open can in a wellventilated area (where children and animals won't get to it). Within a few weeks, the paint will dry and harden. Then you can put the whole can (lid off) out with the regular household garbage.

DO NOT:

- O Dump the paint on the ground or down storm drains where it will travel directly to surface and/or ground waters.
- O Pour it down the drain. While small amounts of latex paint can safely be washed down the drain to a septic system or waste water treatment plant, this practice should be kept to a minimum. Limit this to brush cleaning and clean-up.
- Throw liquid paint in the regular trash. It may be released from the can when trash is compacted and may seep out of a waste collection vehicle onto your street.





First you will need a shallow box.



Place a plastic trash liner inside the box.



plastic lined box.



amount of cat litter.



together completely.



and place into your trash.



Divide liquid paint into two containers



Pour until both cans have equal amounts.



Pour in an equal amount of cat litter.



Thoroughly mix paint and cat litter.



lated area to dry.



and place into your trash.

Battery Recycling

Why Batteries shouldn't go in the garbage

Americans purchase nearly three billion dry-cell batteries every year to power radios, toys, cellular phones, watches, laptop computers, and portable power tools.

Toxic heavy metals in batteries include nickel, cadmium, alkaline, mercury, nickel metal hydride and lead acid, which can threaten life and the environment if not properly discarded. These batteries, because of the materials of which they are made, are considered hazardous waste.



- When burned, batteries release vaporized metals to the air that settle on lakes & streams.
- In landfills, heavy metals leach from decomposing batteries into ground water below.
- Lead and corrosive acids pose human and animal hazards as contact produces burns to skin, eyes, etc.

Area Radio Shack, Batteries Plus, Home Depot and Lowe's stores take a variety of batteries.

Contact the location nearest you for more details.

Radio Shack

Reno

495 Keystone Ave Ste A Phone: (775) 786-0119

Shoppers Square 299 E Plumb Ln Ste D Phone: (775) 826-6912

Monte Vista Village 9570 S Mccarran 106-108 Phone: (775) 787-3200

318 Meadowood Mall Phone: (775) 825-7474

South Town Crossing Phone: (775) 853-9222

North Valleys Shp Ctr 198 Lemmon Dr Phone: (775) 972-4477

Sparks

1525 Oddie Blvd Phone: (775) 359-3310 Silver State Plaza 578 N Mccarran Blvd Phone: (775) 359-6451

Sparks Galleria

131 Disc Dr Ste 101 & 103 Phone: (775) 626-7358

Carson City

1229 S Carson Street Phone: (775) 883-2228

3147 Hwy 50 E

Phone: (775) 882-7585

Fernley

B&A Electronics 1440 Hwy 95a N Ste 5 Phone: (775) 575-3660

Incline Village

930 Tahoe Blvd Phone: (775) 831-4343

Lowe's =

Reno

5075 Kietzke Lane (775) 824-4750

Sparks

2450 Oddie Boulevard (775) 356-6333

Carson City

430 Fairview Drive (775) 881-2460

Batteries Plus

Carson City

1400 S. Carson Street Phone: (775) 884-0566

Reno

4898 So. Virginia St. Phone: (775) 825-0566

Home Depot

Reno

2955 Northtowne Ln (775) 674-2900 6590 S Virginia St (775) 851-9600 5125 Summit Ridge Ct (775) 787-9690

1001 Steamboat Pkwy (775) 851-6000

Sparks

4655 Galleria Pkwy (775) 354-2245

Carson City

3185 Market Street (775) 886-4455 921 Jacks Valley Road (775) 267-3434

CFL Recycling

Compact Fluorescent Light bulbs should not be thrown in the trash because of their mercury content. Waste Management Inc. collects the "pig tail" shaped lights for free and accepts tubes for a fee at area landfill and transfer station locations.



Drop-off locations for CFL recycling include:

Waste Management of Nevada

Market Area Office 100 Vassar Street, Reno Mon-Fri 8:00am-5:00pm

Recycle America

1100 E. Commercial Row, Reno Mon-Fri 8:00am-4:30pm

Recycle America

1455 E. Greg Street, Sparks Mon-Fri 8:00am-4:30pm

Reno Transfer Station

1390 E. Commercial Row, Reno 775-329-8822 Mon-Sat 6:00am-6:00pm, Sun 8:00am-6:00pm

Stead Transfer Station

13890 Mt. Anderson, Stead 775-329-8822 Mon-Fri 8:00am-4:30pm

Commercial Row Transfer Station

1390 E. Commercial Row, Reno Mon-Sat 6:00am-6:00pm Sun 8:00am-6:00pm

Capital Sanitation

5560 Sheep Drive, Carson City Mon-Fri 8:00am-5:00pm

Dayton Transfer Station

3000 Hwy 50 Dayton 775-329-8822 Mon, Tues, Wed, Sat, Sun 8:00am-4:30pm Closed Thurs & Fri

Incline Village Transfer Station

1076 Tahoe Blvd., Incline Village Mon-Fri 8:00am-4:30pm

Fernley Transfer Station

1100 Hwy 95A South Fernley 775-329-8822 Mon-Sun 8:00am-4:30pm

Lockwood Regional Landfill

2401 Canyon Way, Sparks Mon-Sat. 7:00am-4:30pm

IVGID Waste Not Hazardous Waste Collection Site

1220 Sweetwater Road 775-832-1284 *Accepts Tubes for Free for Incline and Crystal Bay residents only

Virginia City Transfer Station

Corner of Washington and R Street 775-882-3380 Thurs-Sat 8:00am-4:00pm Tues & Thurs 3:00pm-5:00pm

CleanHarbors Environmental Services

will take commercial tubes for a fee 1200 Marietta Way, Sparks, NV 775-331-9400 www.cleanharbors.com

Home Depot stores also collect the "pig tail" shaped lights for free. Locations:

Reno

5125 Summit Ridge Court 775-787-9690 2955 Northtowne Lane 775-674-2900

6590 S Virginia Street 775-851-9600 1001 Steamboat Pkwy 775-851-6000

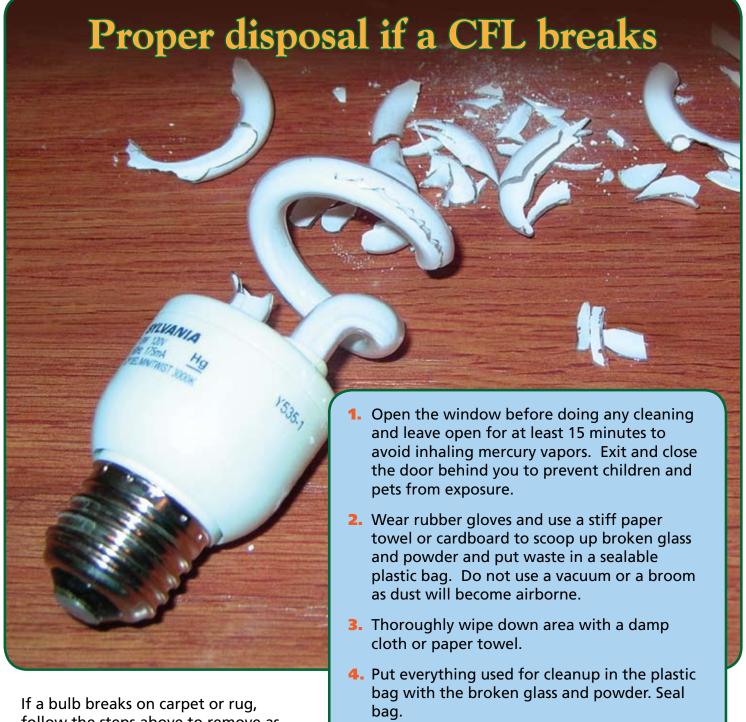
Sparks

4655 Galleria Pkwy 775-354-2245

Carson City

3185 Market Street 775-886-4455 921 Jacks Valley Road 775-267-3434

Visit http://nedp.nv.gov/bwm/cfl_free.htm for additional CFL drop-off locations



If a bulb breaks on carpet or rug, follow the steps above to remove as much material as possible without using a vacuum or broom. Tape is an effective way to pick up powder and small pieces. If vacuuming is still necessary, replace the vacuum bag immediately after using and secure the vacuum bag in two sealed plastic bags before disposal.

- **5.** Put the sealed bag into a second sealable plastic bag.
- **6.** Wash hands after cleanup.
- 7. Contact the recycling resource in your community for collection sites that accept broken bulbs.

E-Waste

There are hazardous materials "hiding" in most electronics. Visit ktmb.org and nevadarecycles.gov for upcoming e-waste events to dispose of electronic devices.

Examples of E-Waste:

- Televisions
- Computer monitors
- Laptops and parts
- Computer Peripherals: keyboards, printers, scanners, cables, mouse
- CD ROM /DVD drives
- PC boards
- Copiers
- Fax machines
- VCRs
- DVD players

- PDAs
- Cell phones
- Telephones
- Radios
- Stereo equipment





Televisions

Although it is not necessary for most residents to buy a new television in time for the digital transfer on February 17, 2009 if you choose to do so, many electronic retailers will take your old television for free recycling. Be sure to ask your retailer for the details of their e-waste recycling programs.

If an old television still works consider donating it to organizations that might find them useful, such as Washoe Arc, Salvation Army, Goodwill, Community Centers, etc.

If your television is no longer working condition, the Lockwood Landfil at 775-342-0401, will take Sony electronics for recycling free of charge. All other electronics brands will be taken for a fee. All other landfills and transfer stations charge a fee. CleanHarbors Environmental, 775-331-9400, and Global Investment Recovery, 775-786-8555, also accepts televisions for a fee.

Crush, Don't Flush!

How to properly dispose of old drugs so that they don't harm children, pets and water sources.

"Crush" and dispose of old prescription drugs, aspirin and vitamins by following these easy steps:

- **1.** Take drugs out of the original container
- 2. Place old drugs on a piece of wax paper and fold the paper over the drugs
- **3.** Use a rolling pin, jar, heavy water glass or meat tenderizer to crush materials
- **4.** Place some dry cat litter or wood shavings in a plastic sealable bag
- Add crushed drugs into the bag and seal
- **6.** Throw everything in the trash



Why crush the drugs before disposal? Why not throw them away in the bottle they came in?

Children and pets may be attracted to the bottles, open them and eat what is inside out of curiosity, making them very ill.

What about liquid drugs, capsules and powdered mixes?

Cat litter makes a perfect absorbent for disposing of old drugs. Liquid drugs, gel caps, crushed tablets, as well as powdered and opened tablet packages can all be combined with cat litter and placed in the trash.





Phone book recycling has become an important component in preserving trees, conserving energy resources and reducing waste in our landfills as well as providing paper for more phone books in other communities. For every ton of phone books recycled, 6,953 gallons of water, 463 gallons of oil and enough landfill space to occupy a Volkswagon bug is saved. Quantity 355 <u>AT&T Real Yellow Pages</u> for the Reno, Sparks and Carson City area equals a ton.

You can recycle your phone books year round on top of your curbside recyclables. Or at Waste Management Inc. Recycle America locations, Scolari's Food and Drug Company locations, AT&T offices and select park locations during the Phone Book Recycling program which runs November thru December annually. For more information about the Phone Book Recycling program visit www.ktmb.org.



Did you know that about 25% of your trash is compostable? Lawn clippings, shrub and tree trimmings, leaves, and food are biodegradable materials just waiting to be returned to the soil. So instead of sending your green and food wastes to the landfill, recycle the natural way, by COMPOSTING! Compost needs four essential ingredients:

Nitrogen: Any green material such as houseplants or flower trimmings, lawn clippings, contain nitrogen. All vegetable and fruit scraps are also in the nitrogen group.

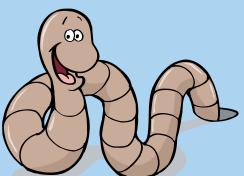
Carbon: Brown (dry) grass and leaves, paper and cardboard (shredded or in small pieces), plus bread and grains.

Oxygen: The bin or pile must be turned occasionally to allow air to circulate through the mixture.

Water: Keep compost mixture moist - not dripping wet.

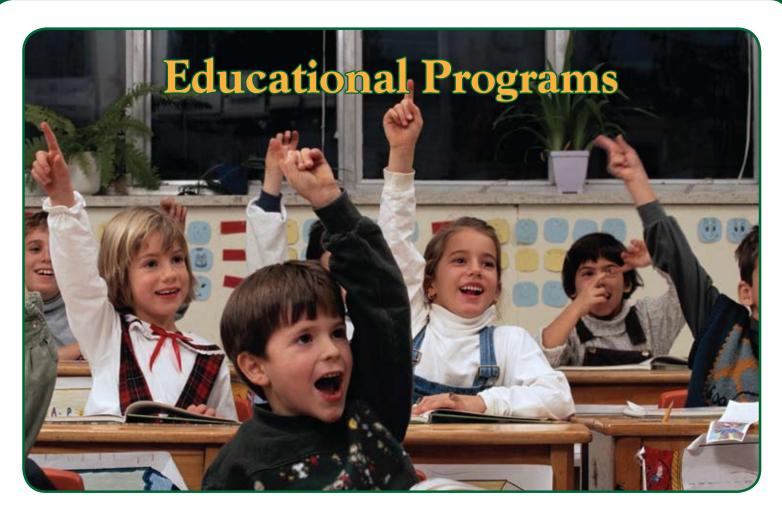
Mix: Apply equal amounts of browns and greens, water to keep moist, and turn occasionally. Make sure to avoid food items that contain grease and oils, any meat or dairy products, and fish to avoid odors and rodents. You can throw in Compost Starter from a garden shop to hasten the process. After about 2-4 months, a rich, dark soil will replace the garden and food scraps. Congratulations! With a little effort and lots of organics, you have made your own compost AND reduced your trash by approximately 25 percent!





Vermi-Composting

Vermi-Composting is composting in a closed environment that is assisted by worms. They're not just any worms; they're specific types of worms called a Red Wriggler. Worm bins are typically used for food and paper product recycling. Contact the University of Nevada Reno, Cooperative Extension at 784-4848 for more information about composting.



There are a variety of educational programs to teach your students and community groups about the importance of recycling and waste reduction. Contact the following programs to learn more information.

Waste Warriors – 60 minute in-class presentation for grades 1-4 that has everything from anatomy of a landfill to the specifics of what can be recycled in the Truckee Meadows. Programs can be tailored to older students and adult groups. The program is free of charge. Contact Keep Truckee Meadows Beautiful at 775-851-5185 or staff@ktmb.org for more information.

Go Green! – Partnership with Change 5, the City of Reno, Washoe County School District and Keep Truckee Meadows Beautiful for 5th grade classrooms. This program consists of a Waste Warriors presentation created to meet Nevada State Science Standards for grade 5 as well as a series of activities to promote waste reduction and recycling in the home. Contact Keep Truckee Meadows Beautiful at 775-851-5185 or staff@ktmb.org for more information.

Solid Waste and Recycling Curriculum - The Nevada Department of Environmental Protection staff has created a 12-week curriculum that can be adapted to Grades 3-12. This curriculum is intended to develop a sense of stewardship through a series of lessons aligned with the Nevada standard course of study. The curriculum is an integrated approach that meets various science, math, language arts, and social studies objectives. Contact Chet Sergent the Nevada Department of Environmental Protection Northern Nevada Recycling Coordinator at (775) 687-9466 or csergent@ndep.nv.gov for more information.

Bear Awareness, Recycling and Water Quality/Water Conservation – IVGID Waste Not provides presentations to schools and civic groups in the Incline and North Lake Tahoe area on request. Contact 775-7832-1284 for more information.